# How to Pray the Rosary

Hold the Crucifix and make the Sign of the Cross and pray the Apostle's Creed. The Our Father is said on the Large Bead next to the Crucifix; three Hail Marys are said on the Small Beads, followed by the Glory Be on the next Large Bead.

There are four Mysteries of the Rosary - the Joyful, Sorrowful; Glorious and Luminous. The Joyful is prayed on Monday and Saturday; the Sorrowful on Tuesday and Friday; the Glorious on Wednesday and Sunday; and the Luminous on Thursday. The main section of the Rosary is divided into 5 decades. Every Mystery has a special intention. As you pray, reflect on that particular Mystery.

Large Bead: Our Father
Ten Small Beads: Hail Mary
Large Bead: Glory Be
'O my JesusMercy'
The Large Bead also begins the next decade:
Repeat until finished.
Final prayers:
Hail Holy Queen
Memorare
O God whose
Prayer to St. Michael
O Sacred Heart of Jesus
O Immaculate Heart of Mary

# Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit, Amen

# Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only begotten Son, Our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven; is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit; the Holy Catholic Church; the Communion of Saints; the forgiveness of sins; the resurrection of the body, and life everlasting, Amen

#### Our Father

Our Father who art in Heaven hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen

#### Hail Mary

Hail Mary full of Grace! the Lord is with thee; blessed art thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen

### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end, Amen

## O My Jesus

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to heaven, especially those in most need of Your Mercy.

# Hail Holy Queen

Hail Holy Queen, Mother of Mercy! Our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious Advocate, thine eyes of mercy towards us; and after this our exile

show unto us the Blessed fruit of thy womb Jesus; O clement, O loving, O sweet Virgin Mary. - Pray for us, O Holy Mother of God - That we may be worthy of the promises of Christ.

#### Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly to thee, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate! Despise not my petitions, but in your mercy hear and answer me, Amen

# Prayer after the Rosary

O God, whose only begotten Son, by His life, death and Resurrection, has purchased for us the rewards of eternal life; grant we beseech Thee, that by meditating on these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord, Amen

## Prayer to Saint Michael

Saint Michael, the Archangel, defend us in this day of battle; be our safeguard against the snares of the devil. May God rebuke him, we humbly pray; and do thou of Prince of the heavenly host, by the power of God, cast into hell Satan and all the other evil spirits who roam throughout the world seeking the ruin of souls, Amen

Sacred Heart of Jesus - have mercy on us x3

Immaculate Heart of Mary - pray for us x3